

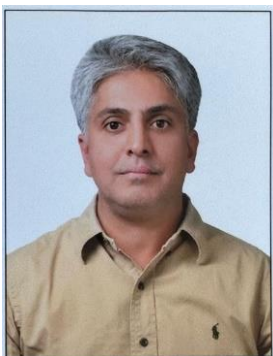
SCERT SANDESH NEWS LETTER

NATIONAL POPULATION EDUCATION PROJECT (NPEP)



राज्य शैक्षिक अनुसंधान और प्रशिक्षण परिषद्
STATE COUNCIL OF EDUCATIONAL RESEARCH AND TRAINING

Sector 32, UT Chandigarh

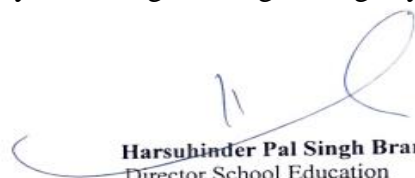


MESSAGE

I congratulate SCERT, UT Chandigarh for coming out with the new edition of its' Annual Newsletter 'SCERT SANDESH' under NPEP (National Population Education Project) for the session 2022-23. Childhood and adolescent are critical life stages that are developmentally primed to absorb and process new information and ideas that make it easier for them to modify their behaviour. It is vital to equip young learners with life skills and positive attitude in order

to promote informed responsible and healthy behaviour in future. I applaud the efforts put in by SCERT for generating awareness regarding adolescent issues, health and wellness activities amongst stakeholders.

I am hopeful that this tradition shall embark on its journey towards great heights of glory.




Harsuhinder Pal Singh Brar, PCS
Director School Education
Chandigarh Administration



FROM THE DIRECTOR'S DESK

The objective of the Adolescent Education Programme (AEP) is to empower the young learners with the right kind of information and life skills to enable them to respond to real life situations and challenges with the value orientation as well as to become globally rooted responsible citizens. It aims at improving the quality of life both present and posterity. A sustainable involvement of the educational institutions is the need of the hour to provide an

environment, in which a symbiotic dialogue can take place amongst the students, teachers and the other stake holders. The Population Education Cell of this institute has been organizing activities that focus on enhancement of life skills to actualize behavioral change and provide learners with opportunities to think critically, analyses and draw inferences. I hope that the newsletter 'SCERT SANDESH' will inspire our young learners and stakeholders to contribute in the future activities to bring about the desired attitudinal change.



(Surender S. Dahiya)
Director
SCERT
UT Chandigarh



EDITORIAL

Dear readers, we are pleased to present the Annual Newsletter SCERT SANDESH for the session 2022-23. One of the important focus of adolescent education programme is acquisition of effective life skills amongst young learners. Life skills can influence the way one feels about oneself and others and can enhance one's productivity, efficacy, self-esteem and self-confidence. The activities conducted by the Population

Education Cell of SCERT sensitize the students, teachers and other stake holders about adolescent issues and strategies to cope with them. I convey my gratitude to Prof. (Mrs.) Gauri Srivastava Coordinator NPEP, NCERT, New Delhi and her team NPEP for providing needful resources for successfully implementing the project in UT Chandigarh.

My earnest thanks to our Director, Dr. Surender S. Dahiya for his continuous motivation and support. His vision and leadership has enabled the publication of this issue possible.

Serbjee Kaur
Serbjee Kaur
Coordinator PEP

NPEP TEAM SCERT, UT Chandigarh

Dr. Surender S. Dahiya

Director, SCERT

Ms. Serbjee Kaur

Co-ordinator

Ms. Gurpreet Kaur

Member

Mr. Surinder Pal

Member

Ms. Usha

Member

OUTCOMES 2022-23

- ❖ Release of Annual News Letter **SCERT SANDESH**, 2022
- ❖ **Material Development**
 - Guidelines to implement Curricular Activities in Govt. Schools of UT Chandigarh
 - Digital Poster
 - Newsletter SCERT SANDESH, 2022
- ❖ **Training**
 - Training Programme for School Health Ambassadors on School Health & Wellness
 - Training cum Orientation Programme for Prospective Teachers
- ❖ **Advocacy Programme**
 - Programme for Principal / Heads of Govt. School of UT Chandigarh
- ❖ **Curricular Activities at State Level**
 - Role Play Competition
 - Folk Dance Competition
 - Story Writing Competition
 - Declamation Competition
 - Comic Writing Competition
 - Poster Competition
 - Model/Toy making Competition
- ❖ **Publication /Documentation**
 - Printing of Guidelines of Curricular activities, 2022-23
 - Designing and Printing of Newsletter **SCERT SANDESH**, 2022-23
 - Research - ‘**A Study of Effect of Toy Based Pedagogy on Academic Achievement and Environmental Responsible Behaviour in Relation to Learning Approaches on Class VIII Students of Govt. Schools of UT Chandigarh**’

NATIONAL POPULATION EDUCATION PROJECT (NPEP)

National Population Education Project (NPEP) was launched in India in 1980 by the Ministry of Human Resource Development (MHRD), as an integral part of the Quality Improvement in Schools. It is a value laden concept funded by the Government of India and implemented in all the states and Union Territories of India. The National Council of Education Research and Training (NCERT) coordinates the implementation of the Project at the National and State level. The Programme provides for a study of the population situation in family, the Community, Nation and the World with the purpose of developing in the student's rational and responsible attitude and behaviour towards the situation.

The reconceptualised framework of Population Education views it as an Educational Process to develop in learners an understanding of inter- relationships between population and development, causes and consequences of population change and the criticality of the condition for population stabilization.

There is great need for Population Education in schools as young people of today will constitute the adult population in coming years. It is their reproductive behaviour when they become adult which is going to affect considerably the population situation in future. In order to achieve population stabilization the future parents, adolescents must be involved.

Objectives of Population Education

- ❖ Making Learners aware of the interrelationships between population and sustainable development.
- ❖ Developing in them an understanding of the criticality of essential conditions of population stabilization for better quality of life of present and future generations.
- ❖ Inculcating in them an understanding, rational attitude and responsible behaviour towards population and development issues.
- ❖ Making them understand the crucial aspects of adolescent reproductive health, focusing on the elements of process of growing up and implications of HIV/AIDS and drug abuse.
- ❖ Inculcating in them rational attitude towards sex, drugs and promoting respect for the opposite sex.
- ❖ Empowering them to take informed decisions on issues of Population and development including those of reproductive health.

MAJOR THEMES OF NPEP

Theme I: Population and Sustainable Development

- ❖ Population Growth and Structure; Implications for population stabilization
- ❖ Population, Sustained Economic Growth and Poverty
- ❖ Population and Environment

Theme II: Gender Equality and Equity for Empowerment of women

- ❖ Gender Equality and Equity
- ❖ The Girl Child
- ❖ Male Responsibilities

Theme III: Adolescent Reproductive Health (Adolescence Education)

- ❖ Process of Growing up
- ❖ HIV and AIDS
- ❖ Drug Abuse

Theme IV: Family: Socio-Cultural Factors and Quality of Life

- ❖ Family as basic unit of Society
- ❖ Socio-Economic Support to the Family

Theme V: Health and Education: Key Determinants of Population Change

- ❖ Nutritious food and well being
- ❖ Health, Morbidity and Mortality
- ❖ Child Survival
- ❖ Health of Women and Safe Motherhood

Theme VI: Population Distribution: Urbanization and Migration

- ❖ Population Distribution
- ❖ Population Growth in Urban Agglomerations
- ❖ Migration

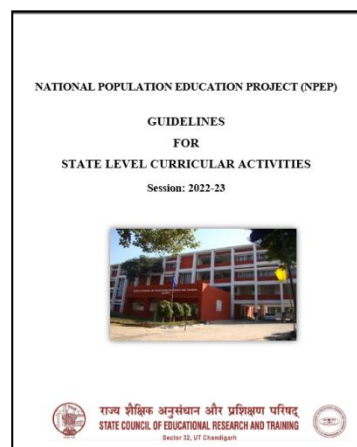
Theme VII: Safe Use of Internet, Gadgets and Media Literacy

MATERIAL DEVELOPMENT

Development of Guidelines

Guidelines for the following curricular activities to be conducted at State Level were prepared by PEP team members at SCERT. The objectives, themes, instructions, number of participants and criteria for evaluation of each activity were given in detail in the guidelines.

- Role Play Competition
- Folk Dance Competition
- Story Writing Competition
- Declamation Competition
- Poster Competition
- Comic Writing Competition
- Model/Toy Making competition



Development of material and manuscript for Annual Newsletter

Three days workshop was organized at SCERT for the development of material and manuscripts for Annual Newsletter -2022 in which PEP team members developed the Newsletter.

Research Study

Research Study titled 'A Study of Effect of Toy Based Pedagogy on Academic Achievement and Environmental Responsible Behaviour in Relation to Learning Approaches of Class VIII Students of Govt. Schools of UT Chandigarh'

Development of Posters

Winning posters were selected for developing posters in digital form



Chandigarh at a Glance

Chandigarh, the dream city of India's first Prime Minister, Sh. Jawahar Lal Nehru, was planned by the famous French architect Le Corbusier. Picturesquely located at the foothills of Shivaliks, it is known as one of the best experiments in urban planning and modern architecture in the twentieth century in India.

Le Corbusier conceived the master plan of Chandigarh as analogous to human body, with a clearly defined head (the Capitol Complex, Sector 1), heart (the City Centre Sector-17), lungs (the leisure valley, innumerable open spaces and sector greens), the intellect (the cultural and educational institutions), the circulatory system (the network of roads, the 7Vs) and the viscera (the Industrial Area).

Ample areas have been provided in the master plan of the Capital for parks, Tree plantation and landscaping.



Open Hand Monument



Capitol Complex

- Location: North India
 - Area: 114 square kms
 - Longitude: 76° 47' 14E
 - Latitude: 30° 44' 14N
 - Altitude: 304 - 365 meters above MSL
 - STD Code: 0172
 - Languages: Punjabi, Hindi, English
-
- Best Season to visit: Mid-August to November.
 - **Educational Institutions:** Panjab University, Punjab Engineering College, PGIMER, National Institute of Technical Teachers Training and Research (NITTR), University Institute of Engineering & Technology (UIET), Regional Institute of English (RIE), Hotel and Catering Management Institute, Regional Institute For Mentally Handicapped (RIMH), Government College of Art (GCA), Post Graduate Government College, Homeopathic Medical College and Hospital (HMCH), Regional Institute of Co-operative Management(RICM), Government College of Commerce & Business Administration, State Council of Educational Research and Training (SCERT), Government Home Science College, Post Graduate Government College for Girls, Government College of Education, Government Central Crafts Institute for Women, Central Scientific Instruments Organization (CSIO), Govt. Rehabilitation Institute for Intellectual Disabilities (GRIID)
 - **Tourist Places:** Leisure valley, Rock Garden, Sukhna Lake, Museum of Evolution of Life, Zakir Hussain Rose Garden, International Dolls Museum, Hidden Valley, Capitol Complex, Museum and Art Gallery, National gallery of portraits, Le Corbusier Centre, Lalit Kala Academy, Bird Park

Source:<http://chandigarhtourism.gov.in>
<https://chandigarh.gov.in>

HEALTH AND WELL-BEING OF CHILDREN

The age group of 10-19 years is commonly considered as a relatively healthy phase of life. However, during this period, children have unique health needs and concerns that have not received adequate attention in policies and programmes, until recently. Global evidence suggests that mental health disorders and road injuries are the major contributors to morbidity and mortality among young people. As per the Lancet Commission Report on Adolescents, 2016, suicides, road injuries, tuberculosis and depressive disorders were among the top four causes for 'health loss' among young people (age group of 10-24 years) in the country. While the increasing burden of non-communicable diseases is a serious concern for India, the country still needs to tackle the burden of communicable diseases and ill-health related to malnutrition.

Approximately 54 per cent of girls and 29 per cent of boys in the age group of 15-19 years are anaemic in India. Only 58 per cent girls in the age group of 15-24 years use hygienic methods during menstruation (NFHS-4, 2015-16). Substance misuse among children is an emerging problem that needs urgent attention. Findings from Global Youth Tobacco Survey-India (2009) show that 19 per cent adolescent boys and 8 per cent adolescent girls in the age group of 13-15 are currently using tobacco products.

The Indian society is in transition—globalization, urbanization, rapid economic growth and the ever-expanding reach of the media and technology have created tensions in the process of social change and vastly changed the realities of young people as compared to the previous generation. However, social norms have not kept pace with the changing circumstances. Discrimination and neglect of the girl child manifests in compromised educational opportunities (61.5 per cent boys as compared to 52.8 per cent girls in the age group of 15-19 years are in educational institutions, NSSO, 66th Round, 2013) and harmful practices such as gender-biased sex selection, early marriage and dowry. A little over one-fourth (26.8%) of the girls in the country are still getting married below the legal age of 18 years. Findings from NFHS-4 also show that 35 per cent females and 32 per cent males in the age group of 15-24 years reported that wife beating was justified under specific circumstances, suggesting gender-discriminatory attitudes with high levels of acceptance of gender-based violence. Such attitudes among the youth of a country are a matter of concern.

Findings from Youth in India: Situation and Needs (2006-07) survey show that 82 per cent young men and 78 per cent young women in the age group of 15-24 years reported that family life education was important but only 15 per cent had received these inputs formally. These findings indicate the vulnerability of a large proportion of children in India. The reasons could be manifold. They may be poorly informed on several issues related to their health and well-being, or may lack the necessary skills, support and access to youth friendly services to translate their knowledge into safe and responsible behaviour.



SCHOOLS TO ENHANCE HEALTH AND WELL-BEING OF CHILDREN

Schools are a critical venue for promoting Health and Wellbeing of children. It is noteworthy that NCERT has been invested in the idea of adolescent health in secondary schools via the National Population Education Programme from 1980. In the mid 1990s adolescent education was widely popularized and accepted as the core component of the NPEP. In 2002 NPEP became a part of quality improvement schemes in schools. In 2005 Government initiatives on adolescent education were harmonized by the Ministry of Human Resource Development under the umbrella term adolescent education programme.

The School Health and Wellness Component was launched in April, 2018 as an initiative that builds on experiences of children to enhance their health and support their holistic development to enable them to respond to real life situations effectively. It is a joint initiative Ministry of Education and Ministry of Health and Family welfare and is envisaged for all school going children from preprimary to Sr. Secondary classes. However, to begin with it will be initiated from upper primary stage. The School Health and Wellness Programme will be delivered through two trained teachers in every school designated as Health and Wellness Ambassadors. The key provisions include:

- **School Health Promotion Activities**

- Age appropriate learning for promotion of healthy behavior and prevention of various diseases
- Delivered through school teachers trained as Health and Wellness Ambassadors
- Reinforce key learnings through existing school spaces and forums such as assembly, PTA meetings, Adolescent health days.
- Access to psychological support.

- **Health Screening and Services**

The screening of children will be continued for 30 identified health conditions for early detection, free treatment and management through dedicated Rashtriya Bal Swasthya Karyakram (RBSK) mobile health teams

- Iron Folic Acid (IFA) tablets
- Albendazole administration
- Provision of Sanitary Napkins
- Access to counselors, helplines and adolescent friendly health clinics

- **Electronic Health Records**

- Electronic health record for each child

Source: Training and Resource Material

Health and Wellness of School-going Children

Under the Aegis of School Health Programme of Ayushman Bharat

National Council of Educational Research and Training

Psychology Resource Centre (PRC) at SCERT

The State Council of Educational Research and Training, UT Chandigarh established the Department of Psychology Resource Centre (earlier known as Guidance Resource Centre) in the year 1986. It is committed to the development of its young learners by helping them in their academic as well as behavioural concerns. The purpose of this centre is to promote the growth of the individual in self-direction through psychological testing and counseling.

OUR GOALS

- Promote and enhance all students through academic (educational), career (vocational) and personal (Social) Development.
- Design activities that are proactive and preventative in focus.
- Provide individual and small groups counseling to students
- Ensure that the learner acquires the knowledge, skills and attitudes essential to become a productive member of a society.

OUR OBJECTIVES

Academic Development

Students will acquire the attitudes, knowledge and skills contributing towards effective learning in school.

Career Development

Students will acquire the skills to investigate the world of work in relation to knowledge of self, and make informed career decisions.

Personal/ Social Development

Students will acquire the attitudes, knowledge and interpersonal skills to help them understand respect self and others.

OUR SERVICES

Counselling

Counselling helps the individual in the self-discovery process. It makes him/her aware of his/her interest, right career choice and strengths and weaknesses associated with it.

- **Career Counselling**

The process of **career counselling** offers insight, guidance and support to help the individual in understanding and managing varied career issues. Students of classes 8th onwards can avail this facility.

- **Behavioural Counselling**

- Enhancing self-confidence, Interpersonal relation and Self-esteem.
- Assistance for stress and anxiety management, social skills training, examination anxiety etc.

- **Educational Counselling**

Provides improvement in study habits, concentration, motivation and learning skills.

Counseling services in PRC are free of cost

Psychological Testing

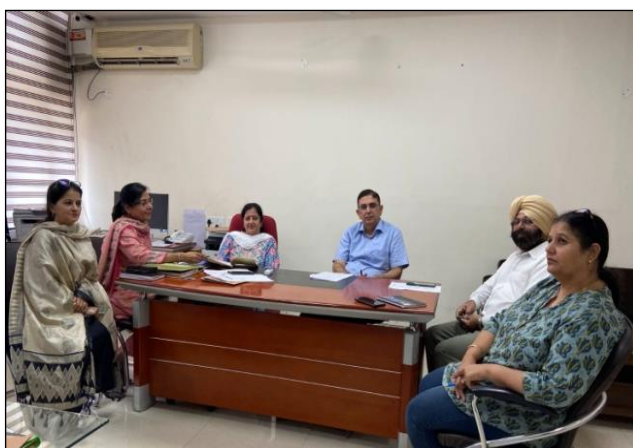
It is a procedure used to measure a factor or access some abilities like academic achievement, aptitude, adjustment, interest, personality and so on.

Process of Counselling

Registration-Aptitude Testing Session-One to One Counseling Session

STATE CORE COMMITTEE MEETING

A meeting of the State Core Committee of NPEP was held to discuss the plan of action and activities to be conducted in the session 2022-23. The members present were Ms. Bindu Arora, District Education officer, Dr. Surender S. Dahiya, Director SCERT, UT Chandigarh and Ms. Serbjeet Kaur Coordinator PEP, SCERT UT Chandigarh.



RESEARCH STUDY

Research Study titled “A Study of Effect of Toy Based Pedagogy on Academic Achievement and Environmental Responsible Behaviour in Relation to Learning Approaches on Class VIII Students of Govt. Schools of UT Chandigarh was conducted during the session 2022-23. The sample consisted of Adolescents of classes 8th from various Govt. Schools of UT Chandigarh. The researcher adopted experimental method as the intention is to measure the effectiveness of instructional pedagogy on learning outcomes and environment responsible behaviour of the students. The research topic was challenging as very less research has been done on this topic.

PROJECT PROGRESS REVIEW MEETING (PPR)

Project Progress Review meeting was held on 24th and 25th March 2022 chaired by Prof. Prof. Gouri Srivastava Head and Coordinator NPEP and other concerned members from NCERT New Delhi. Meeting was held in online mode.

Mrs. Serbjeet Kaur, Coordinator, PEP presented the project progress report of the previous session 2021-22 along with the various activities being conducted under PEP.

Plan of Action and Research Proposal for the session 2022-23 was prepared and presented for approval from NCERT.

Advocacy Programme for Principals and School Heads

Advocacy Programme on School Health and wellness was conducted by SCERT, UT Chandigarh for School Principals / Heads of Govt. Schools of UT Chandigarh on **27.08.2022**. The programme aimed at providing information Principals and Heads about vision, objectives and guiding principals of the programme. Orientation on 11 modules was given. The resource persons talked in detail about the role of health and wellness ambassadors for carrying out the activities of the programme successfully in the schools.

Dr. Paramjyoti Senior Medical officer from Health Department Chandigarh explained in her session about Promoting Healthy Life Style and Nutrition, Health and Sanitation. Detailed discussion was done about Nutritional needs of school children, sanitation and health, personal hygiene, anemia causes, prevention and various National schemes on Nutrition and sanitation. Participants

were made aware about Govt. Programmes like weekly Iron and Folic Acid supplements, National deworming day and Swachh Bharat



Ms. Serbjeet Kaur, Coordinator PEP, SCERT Chandigarh talked about Emotional wellbeing, Mental Health and interpersonal Relationship. She elaborated on the importance of developing interpersonal skills among the learners in building and nurturing relationships with friends, family and the community and dealing with unhealthy relationships. It was an interactive session in which

participants shared the experiences about various challenges that adolescents face in relationships with their peers, friends and parents.



Dr. Deepika Gupta talked about Gender Equity and Equality. She also explained the importance of girl child education, protection of girl child and strategies to challenged gender based discrimination and violence.

Dr. Madhu from Post Graduate Institute of Medical Education & Research (PGIMER) Chandigarh detailed the participants about the prevalence of bullying in schools, breaking the bullying circle, and empowering bystanders to report the bullying. She emphasized that there is a need for intervention at various levels Teacher's role was crucial in



promoting a safe classroom environment, recognizing danger signs of students involved in bullying, responding to rumors of bullying, and intervening during on-spot bullying incidents. She stressed the role of administration in reducing the incidence of bullying in schools by formulating committees, having a supervision plan for secluded areas where the risk of bullying is higher, having a dedicated email for reporting, and reinforcing the idea that the school doesn't tolerate any bullying.

The second part of the session was on social media use and coping digital stress associated with it. There was discussion about why adolescents are more affected by the excessive social media use and its health implications.

Refresher Training Programme on School Health and Wellness

Two Days Training Programme was conducted for health and wellness ambassadors of Govt. Schools of UT Chandigarh on dated 25.08.2022 and 26.08.2022. It was refresher training programme in which all the 11 modules were taken up again. Five days training programme in online mode was conducted with these teachers in 2021.

Dr. Madhu from Post Graduate Institute of Medical Education & Research (PGIMER) Chandigarh talked about Bullying Prevention Program and emphasized that there is a need for intervention at various levels. She explained that awareness activities would sensitize students about the issue and prepare them to tackle with these issues.

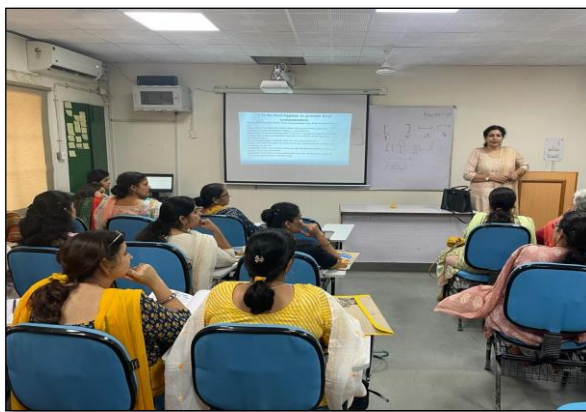
Dr. Paramjyoti from Health Department Chandigarh oriented the participants on the topic of Growing up healthy and non-communicable diseases. She emphasised that parents and teachers must facilitate children in their growing years to enjoy nutritious food during school years and afterwards and also get involved in physical exercise. She explained about health and developmental needs of adolescent and role of health ambassador teachers as health messenger must be made aware about prevention of non-communicable diseases and spread the message among other children.

Ms. Serbjeet Kaur, Coordinator PEP, SCERT Chandigarh talked about Emotional wellbeing, Mental Health and interpersonal Relationship. She elaborated on the importance of developing interpersonal skills among the learners in building and nurturing relationships with friends, family and the community and dealing with unhealthy relationships.

Another resource person Ms. Isha Anand talked about on the topic of values and its importance in creating a responsible citizenship and safe use of internet and media. In this Module various case studies were discussed about the safe and unsafe use of media and internet. The session gave an insight about the adverse effects of over use of internet and discussed the

ways to overcome it. Cyber security, cyber safety and cyber wellness were the take aways of the session.

Ms. Rupali explained about prevention of substance abuse and reproductive health and HIV Prevention. Scientific bases of HIV contamination and latency period of disease were also discussed. The laws related to tobacco free schools were also discussed.



TRAINING / ORIENTATION PROGRAMME FOR PROSPECTIVE TEACHERS

Training cum Orientation Programme was organised on 22.02.2023 for prospective teachers of SCERT, UT Chandigarh in which around 80 participants were oriented by expert resource persons in their filed.

Ms. Serbjeet Kaur, Coordinator PEP initially talked about the Population Education Project and its themes. Resource Person delivered a talk on the topic of interpersonal relations in which various challenges adolescents may face in classroom were demonstrated with activities. Later in the session she explained various tips and techniques for teachers which can be used in classroom situation so as to handle these issues effectively.

Dr. Paramjyoti Senior Medical Officer from health department UT Chandigarh another resource talked about health and nutrition and its need for adolescents right from early childhood along with nutrition and diet required for mother. She also explained the food pyramid concept and healthy diet for children to be taken care of during school.

Dr. Ranjay Vardhan, Head Department of Sociology from Post Graduate Govt. College for Girls, Sector-42 highlighted the emerging issues related to Gender Equity and Equality. He explained in detail various issues , challenges and measures related to Gender bias and women empowerment in India.

Dr. Gurcharan Singh another resource person from Central Detective Training Institute (CDTI) Chandigarh talked about careful and cautious use of technology. He highlighted the issues related to cybercrime and discussed the dose and dont's of using social media to prevent cyber bullying and frauds.



STATE LEVEL FOLK DANCE COMPETITION

State Level Folk dance competition was organised on **10.11.2022** at Govt. Girls Model Sr. Sec. School (GGMSSS) Sector-18, UT Chandigarh. Entries for the event were invited as per the guidelines sent to the schools. Total 36 entries were received for the competition and 32 teams performed in the competition. Judgement was done by the experts and winners were declared.

The winners were awarded with certificate of merit and cash prize of Rs.500/- Rs.300/- & Rs.200/- per participant for the First, Second & Third position respectively in the Prize Giving Away function held on 08.12.2022. Education Secretary Ms. Purva Garg, Eminent Educationist, Ms. Anita Pal and Dr. Surender S. Dahiya, Director SCERT, UT Chandigarh gave away the prizes to the winners.

The team who secured First Position at State Level further participated at National Level Folk Dance Competition held at NCERT, New Delhi from **6th to 9th December, 2022**

Result of Folk Dance Competition is given below:

Position	Name of the School	Name of the Students	Theme
First Position	Govt. Model Sr. Sec. School Sector-10	Archana Yadav, Vidhi, Bhumi, Gulnaaz, Dharminder, Geet Thakur	Equal Opportunity for Boys and Girls
Second Position	Govt High School Sector-53	Jassika, Mansi, Mohini Singh, Simarjit Kaur	Prevention of Substance Abuse
Third Position	Govt. High School Indira Colony Manimajra	Prabhjot Kaur, Sakshi, Prerna, Shelly, Pooja, Priyanka	Healthy Relationship during Adolescence



STATE LEVEL ROLE PLAY COMPETITION

State Level Folk dance competition was organised on **11.11.2022** at Govt. Girls Model Sr. Sec. School (GGMSSS) Sector-18, UT Chandigarh. Entries for the event were invited as per the guidelines sent to the schools. Total 42 entries were received for the competition and 36 teams performed in the competition. Judgement was done by the experts and winners were declared.

The winners were awarded with certificate of merit and cash prize of Rs.500/- Rs.300/- & Rs.200/- per participant for the First, Second & Third position respectively in the Prize Giving Away function held on 08.12.2022. Education Secretary Ms. Purva Garg, Eminent Educationist, Ms. Anita Pal and Dr. Surender S. Dahiya, Director SCERT, UT Chandigarh gave away the prizes to the winners.

The team who secured First Position at State Level further participated at National Level Role Play Competition held at NCERT, New Delhi from **6th to 9th December, 2022**

Result of Role Play Competition is given below:

Position	Name of the School	Name of the Students	Theme
First Position	Govt. Model High School Sector 49 D	Priyanka, Ankita, Simran, Rishi, Aditya Tuli	Personal Safety
Second Position	Govt. Model High School Sector-50 B	Mohit, Raj Nandini, Anuj Sharma, Kanchan, Mansi	Nutritious food and Well-Being
Third Position	Govt. Model Sr. Sec. School Sector-40 B	Dilpreet Kaur, Sania, Muskan Kaur, Manveer Kaur, Ankit Saroya	Safe Use of Internet, Gadgets and Media Literacy



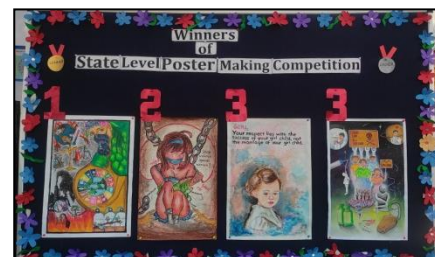
STATE LEVEL POSTER COMPETITION

State Level Poster competition was organized under National Population Education Project (NPEP) by SCERT, UT Chandigarh. Entries of best three winners from school level competitions were invited for the State Level Poster Competition in which **173 Posters from 55 Govt. Schools** were received. Themes for the competition were Sustainable Development, Adolescence Education (Process of growing up, drug abuse, HIV Aids), Family and Gender Equity and Equality. These posters were further displayed during **State Level Science Mathematics and Environment Exhibition (SLSMEE)** from 6th to 8th December 2022 at SCERT Chandigarh. The exhibition was inaugurated by **Dr. Dharam Pal, IAS Hon'ble Advisor to the Administrator, UT Chandigarh**. As many as 5000 visitors came to visit the exhibition.

The winners were awarded with certificate of merit and cash prize of Rs.1000/- Rs.750/- & Rs.500/- per participant for the First, Second & Third position respectively in the Prize Giving Away function held on 08.12.2022. Education Secretary Ms. Purva Garg, Eminent Educationist, Ms. Anita Pal and Dr. Surender S. Dahiya, Director SCERT, UT Chandigarh gave away the prizes to the winners. **It is noteworthy that 13 posters on drug abuse were selected by chief guest Ms. Anita Pal for display in drug deaddiction centre.**

Result of State Level Poster Competition is given below:

Position	Name of the School	Winner
First	Govt. Model Sr. Sec. School MHC Manimajra	Dipika
Second	Govt. Model Sr. Sec. School, Sector- 15	Palak
Third	Govt. Model High School, Karsan	Nitin Kumar
	Govt. Model Sr. Sec. School, Sector 33D	Disha Sharma



STATE LEVEL COMIC WRITING COMPETITION

State Level Comic Writing competition was organized for the students of classes IX to XII under National Population Education Project (NPEP) by SCERT, UT Chandigarh. Entries of best three winners from school level competitions were invited for the State Level Poster Competition in which **71 Comics** were received. Themes for the competition were Sustainable Development, Adolescence Education (Process of growing up, drug abuse, HIV Aids), Family and Gender Equity and Equality. These comics were further displayed during **State Level Science Mathematics and Environment Exhibition (SLSMEE)** from 6th to 8th December 2022 at SCERT Chandigarh. The exhibition was inaugurated by **Dr. Dharam Pal, IAS Hon'ble Advisor to the Administrator, UT Chandigarh**. As many as **5000 visitors** came to visit the exhibition.

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Result of Comic Writing Competition is given below:

Position	Name of the School	Winner
First	Govt. Model Sr. Sec. School, Sector-16D	Harshita
Second	Govt. Model Sr. Sec. School, Sector-19C	Kanav Khurana
Third	Govt. Model Sr. Sec. School, Sector-27	Ms. Shahe Alam



First



Second



Third



STATE LEVEL STORY WRITING COMPETITION

State Level Story Writing competition was organized for the students of classes VIII to X of Govt. Schools of UT Chandigarh. Entries of best two winners from school level competitions were invited for the Competition that was organized at SCERT on 01.12.2022. **110 students from 55** Govt. Schools participated in the event. Themes for the competition were Personal Safe Use of Internet, Gadgets and Media Literacy, Substance abuse, Global Warming and Gender Equity and Equality.

The winners were awarded with certificate of merit and cash prize of Rs.500/- Rs.300/- & Rs.200/- per participant for the First, Second & Third position respectively in the Prize Giving Away function held on 08.12.2022. Education Secretary Ms. Purva Garg, Eminent Educationist, Ms. Anita Pal and Dr. Surender S. Dahiya, Director SCERT, UT Chandigarh gave away the prizes to the winners.

Result of Story Writing Competition is given below:

Position	Name of the School	Winners
First	Govt. Model Sr. Sec. School- 26 TM	Kajal Gupta
Second	Govt. Model Sr. Sec. School Sector-18B	Savita
Third	Govt. Model Sr. Sec. School, Sector-47D	Priyanka



STATE LEVEL MODEL MAKING COMPETITION

Model Making Competition related to themes of Population Education project, was organized by SCERT, UT Chandigarh in which 54 entries from Govt. schools were received. The preliminary level of exhibition was held on 02.11.2022 at SCERT in which 14 models were selected for display at 50th State Level Science and Mathematics and Environmental Exhibition held at SCERT from **6th to 8th December, 2022**. The exhibition was inaugurated by **Dr. Dharam Pal, IAS Hon'ble Advisor to the Administrator, UT Chandigarh**. As many as **5000** visitors came to visit the exhibition.

The winners were awarded with certificate of merit and cash prize of Rs.1000/- Rs.750/- & Rs.500/- per participant for the First, Second & Third position respectively in the Prize Giving Away function held on 08.12.2022. Education Secretary Ms. Purva Garg, Eminent Educationist, Ms. Anita Pal and Dr. Surender S. Dahiya, Director SCERT, UT Chandigarh gave away the prizes to the winners.

Result of Model Making Competition is given below:

Position	Name of the School	Winners
First	Govt. Model High School, Sector-36D	Gokul Shiv
Second	Govt. Model Sr. Sec. School Sector-16	Vishita Ridhi
Third	Govt. Model High School -MM	Ishika Palak Gupta



STATE LEVEL DECLAMATION COMPETITION

State Level Declaration competition was organized for the students of classes VII and VIII of Govt. Schools of UT Chandigarh. Entries of best two winners from school level competitions were invited for the State Level Declaration Competition was organized at SCERT on 30.11.2022 in which **82 students from 39** Govt. Schools participated. Themes for the competition were Personal Safety, Safe Use of Internet, Gadgets and Media Literacy, Substance Abuse, Global Warming, Gender Equity and Equality.

The winners at State Level were awarded with certificates of merit and cash prize of Rs. 500/- Rs. 300/- & Rs. 200/- respectively.



Result of Declaration Competition is given below:

Position	Name of the School	Name of the Students	Class
First Position	Govt. Model Sr. Sec. School, Raipur Kalan	Prachi	VIII
Second Position	Govt. Model Sr. Sec. School, Sector-19C	Shaurya Singh	VIII
Third Position	Govt. Model Sr. Sec. School, Sector-35D	Hiyam	VIII
	Govt. Model Sr. Sec. School, MHC, Manimajra	Mehak Verma	VIII



WINNERS 2022-23

Poster Competition



1st Prize: Dipika
GMSSS-MHC



2nd Prize: Palak
GMSSS-15



3rd Prize: Nitin
GMHS-Karsan



3rd Prize: Disha
GMSSS-33

Comic Writing Competition



1st Prize: Harshita
GMSSS-16



2nd Prize: Kanav
GMSSS-19



3rd Prize: Shahe Alam
GMSSS-27

Story Writing Competition



1st Prize: Kajal
GMSSS-26 TM



2nd Prize: Savita
GMSSS-18



3rd Prize: Priyanka
GMSSS-47

Declamation Competition



1st Prize: Prachi
GMSSS-Raipur



2nd Prize: Shaurya
GMSSS-19



3rd Prize: Hiyam
GMSSS-35



3rd Prize: Mehak
GMSSS-MHC

Model Making Competition



1st Prize: Gokul
GMHS-36



2nd Prize: Vishita
GMSSS-16



3rd Prize: Ishika
GMHS-MM



1st Prize: Shiv
GMHS-36



2nd Prize: Ridhi
GMSSS-16



3rd Prize: Palak
GMHS-MM

WINNERS 2022-23

State Level Role Play Competition



1st Position
GMHS-49 D, UT Chandigarh

State Level Folk Dance Competition



1st Position
GMSSS-10, UT Chandigarh



2nd Position
GHS-50, UT Chandigarh



2nd Position
GHS-53, UT Chandigarh



3rd Position
GMSSS-40, UT Chandigarh



3rd Position
GHS-Indira Colony, UT Chandigarh

GLIMPSES (2022-23)



राज्य शैक्षिक अनुसंधान और प्रशिक्षण परिषद्
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